

FOI REF: 25/606

1<sup>st</sup> September 2025

Tel: 0300 131 4500  
Website: [www.esht.nhs.uk](http://www.esht.nhs.uk)

## FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

- 1. Please confirm if current antenatal care for multiple birth pregnancies (in 2024/5 and going forward) is delivered by a "a core team of named specialist obstetricians, specialist midwives and sonographers, all of whom have experience and knowledge of managing twin and triplet pregnancies" in accordance with NICE guideline NG137.**

**For the above positions, prioritising the multiple birth specialist midwives, please confirm:**

- Please specify job title**
- Please confirm WTE for this role**
- Please confirm what band this role is within your department**
- How is this role funded?**
- Please confirm who holds the contract and line management? (Email contact if able).**

[East Sussex Healthcare NHS Trust does not currently employ a specialist midwife for multiple birth.](#)

- 2. For the role of both the multiple birth specialist midwife and sonographer (if relevant) please provide:**

[Not applicable.](#)

Cont.../

**3. The unit level data (from 2023 onwards) requested is for the following categories:**

- **Number of Multiple Birth Pregnancies (e.g. twins, triplets, quads +)**

2023 – 45 pregnancies all twins  
2024 – 40 pregnancies all twins  
2025 – 21 pregnancies all twins

- **Number of Foetuses delivered from a Multiple Birth**

2023 – 90 livebirths  
2024 – 78 livebirths (2 stillbirths)  
2025 – 41 livebirths (1 stillbirth)

- **Multiple Birth Still Births (number of babies)**

2023 – 0  
2024 – 2  
2025 – 1

- **Multiple Birth pregnancies resulting in an Emergency C-Sections**

2023 – 19 pregnancies  
2024 – 15 pregnancies  
2025 – 8 pregnancies

- **Multiple Birth Neonatal Deaths (number of babies)**

2023 – 3 babies  
2024 – 5 babies  
2025 – 0

- **Multiple Birth Neonatal Admissions (number of babies admitted to a neonatal unit for their care)**

2023 – 30 babies admitted to neonatal unit (twins)  
2024 – 16 babies admitted to neonatal unit (twins)  
2025 – 15 babies admitted to neonatal unit (twins)

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department ([esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department  
[esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)