

FOI REF: 25/651

30th September 2025

Eastbourne District General Hospital

Kings Drive Eastbourne East Sussex BN21 2UD

Tel: 0300 131 4500 Website: www.esht.nhs.uk

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

The total number of Respiratory Physiology – Sleep Studies (10) performed in each of the respective financial years: 2019/20, 2020/21, 2021/22, 2022/23 and 2023/24.

Please see the attached document - 'FOI 25-651 Respiratory Physiology Sleep Studies Figures'.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (eshtr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office Wycliffe House Water Lane Wilmslow Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department esh-tr.foi@nhs.net

FOI 25/651 - East Sussex Healthcare NHS Trust

Admissions with Sleep Condition Related Diagnosis (G47 and local suffixes)

Sum of NosAdms		FinancialYear					
DiagCode	DiagDesc	2019/20	2020/21	2021/22	2022/23	2023/24	Grand Total
G470	Disorders of initiating and maintaining sleep [insomnias]	13	1		1	1	16
G471	Disorders of excessive somnolence [hypersomnias]	3	1	1	1		6
G472	Disorders of the sleep-wake schedule	7	1				8
G473	Sleep apnoea	120	16	9	14	19	178
G474	Narcolepsy and cataplexy	3	1	1	1		6
G478	Other sleep disorders	18	5	7	7	7	44
G479	Sleep disorder, unspecified	2	5	3	4	3	17
Grand Total		166	30	21	28	30	275