

27th November 2025

Eastbourne District General Hospital
Kings Drive
Eastbourne
East Sussex
BN21 2UD

Tel: 0300 131 4500
Website: www.esht.nhs.uk

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

- 1. Please could I request, under the Freedom of Information Act 2000, the total number of stroke patients in the Trust, and the number of stroke patients in the Trust that were**

Please see the table below for the number of patients and admissions, within East Sussex Healthcare NHS Trust (ESHT), for the period October 2020 to October 2025, where primary diagnosis is stroke:

Number of Patients	Number of Admissions
3984	4301

- a) offered a six-month post-stroke review and**
- b) had a six-month post-stroke review for each of the past 5 years, beginning with 2020.**

The Stroke unit at ESHT offers post in patient review led by Consultants and Specialist nurse and aim is to review within 3 months post Stroke.

The 6-month post stroke review is conducted by Stroke Association.

All stroke patients discharged from ESHT are followed up within 8 weeks of discharge by a Stroke Specialist Nurse (Band 8). If further review is required, an additional follow-up appointment is arranged with a Stroke Consultant. In addition, all appropriate patients are followed up by CSRT (Community Stroke Rehabilitation Team).

Stroke Association is commissioned to provide the six-month post-stroke review for ESHT patients.

ESHT therefore does not hold internal data on six-month reviews, as this function sits with Stoke Association.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department
esh-tr.foi@nhs.net