



# East Sussex Healthcare NHS Trust

## Wound care Advice & Review/Appointment details.

**Patient sticker:**

**Date of attendance:**

Your wound is located:

.....

Your wound was Aseptically cleaned by

.....

Your wound has been closed using:

Suture (stitches)	
Wound glue	
Sterile paper strips	
Soft silicone dressing	

Your wound was dressed using:

.....

Your wound has been clinically photographed for  
your medical records Y/N

Please book an appointment with your

GP Practice nurse	
GP	
Other	

In ..... days for a

Wound check	
Dressing change	
Suture removal	

Is this a delayed presentation Y/N

If yes, when did this wound occur?

.....

Was a tetanus required Y/N

If Y Date: Time

### Aftercare advice:

Keep the wound clean and dry.

Keep the wound elevated

If wound glue has been used, DO NOT get the area  
wet for 5 days.

If the wound discharges, becomes painful, red  
swollen, or smells offensive please seek medical  
advice.

DO NOT cover wound with a waterproof dressing:  
this trap moisture underneath and cause  
infection.

If medications are prescribed, take as directed.

You have been prescribed: