

FOI REF: 26/053

5th February 2026

Tel: 0300 131 4500
Website: www.esht.nhs.uk

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

How many new patients were treated for any condition by the Trust's Dermatology Department in the latest 3-month period of October, November and December 2025 (or the latest 3 months available) with the treatments I have provided below?

If you are able to, could you please provide the split of new patients who received their treatment for Psoriasis.

Please can you define a "new patient" as a patient who is receiving any of the treatments listed below for the first time. If a patient received any of the below treatments in 2024 or previous years, they can be classed as a new patient for this period.

	Total Dermatology Department	Psoriasis
Adalimumab [Humira]	1	0
Adalimumab [All Biosimilars]	51	18
Etanercept [Enbrel]	0	0
Etanercept [All Biosimilars]	0	0
Infliximab [Remicade]	0	0
Infliximab [All Biosimilars]	2	0
Ustekinumab [Stelara]	2	0
Ustekinumab [All Biosimilars]	102	6
Apremilast [Otezla]	7	1
Bimekizumab [Bimzelx]	5	3
Brodalumab [Kyntheum]	17	0
Certolizumab [Cimzia]	5	0
Deucravacitinib [Sotyktu]	1	0

	Total Dermatology Department	Psoriasis
Dimethyl Fumarate [Skilarence]	0	0
Guselkumab [Tremfya]	10	0
Ixekizumab [Taltz]	10	0
Risankizumab [Skyrizi]	12	4
Secukinumab [Cosentyx]	9	2
Spesolimab [Spevigo]	0	0
Tildrakizumab [Ilumetri]	0	0

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department
esh-tr.foi@nhs.net