

FOI REF: 26/089

2<sup>nd</sup> March 2026

Eastbourne District General Hospital

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## FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

**This request relates to local NHS service pressures associated with obesity and obesity-related illness. We are seeking comparable data across NHS Trusts on both access/waiting times and hospital demand.**

**Please provide the following information for your Trust, covering the last five financial years (2019/20 - 2024/25)**

### 1. **Waiting Times and Access Indicators (Local Service Strain)**

**For each year listed above, please provide:**

#### a. **Referral-to-Treatment (RTT) elective waiting-time indicators, if held:**

- **Median RTT waiting time (in weeks)**
- **Number of patients waiting over 18 weeks (at year-end)**
- **Number of patients waiting over 52 weeks (at year-end)**

Please note this information forms part of nationally reported data and is in the public domain via the link below:

[Statistics » Referral to Treatment \(RTT\) Waiting Times](#)

#### b. **The median waiting time for outpatient appointments in the following specialities:**

- **Endocrinology / Diabetes**
- **Cardiology**
- **Orthopaedics**

Please see attached document - FOI 26-089 Responses Q's 1b, 2a, 2b.

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## 2. Obesity-Related Hospital Admissions and Demand

For each year listed above, please provide:

- a. The total number of inpatient admissions where obesity was recorded as:
- A primary diagnosis (ICD-10 code E66), and/or
  - A secondary diagnosis

Please see attached document - FOI 26-089 Responses Q's 1b, 2a, 2b.

- b. The total number of admissions for the following obesity-related conditions (where obesity is a major risk factor), if available:
- Type 2 diabetes (E11)
  - Coronary heart disease / myocardial infarction (I20–I25)
  - Stroke (I60–I69)

Please see attached document - FOI 26-089 Responses Q's 1b, 2a, 2b.

- c. If held, the total number of admissions specifically linked to bariatric surgery or specialist weight-management intervention.

We do not record this information.

**Where possible, please provide the data in an Excel or CSV format, broken down by year.**

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department ([esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department  
[esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)