

17<sup>th</sup> March 2026

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East Sussex  
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Tel: 0300 131 4500  
Website: [www.esht.nhs.uk](http://www.esht.nhs.uk)

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

**Please provide details on the Trust's provision of ADHD, Autism, and CAMHS therapy services across Children's and Adults' pathways.**

**1) Service Availability.**

**For each of the services below, please confirm whether the Trust directly provides the service, commissions it externally, or does not provide it:**

**a) Children's Services:**

- **Children's ADHD assessments**

No, the Trust is not commissioned to provide children's ADHD assessments.

Please note that East Sussex Healthcare NHS Trust does not provide this service. This service is provided by Sussex Partnership NHS Foundation Trust. Their Freedom of Information email address is:

[foi@sussexpartnership.nhs.uk](mailto:foi@sussexpartnership.nhs.uk)

- **Children's Autism assessments**

Yes, the Trust is commissioned to provide Autism assessments for children up to the age of 11.

- **CAMHS therapy services (please specify the therapy types delivered: e.g. CBT, family therapy, psychotherapy, group interventions, etc.)**

Please note that East Sussex Healthcare NHS Trust does not provide this service. This service is provided by Sussex Partnership NHS Foundation Trust. (Please see above for their contact details.)

**b) Adult Services:**

- **Adult ADHD assessments**
- **Adult Autism assessments**

Please note that the Trust does not provide Adult ADHD assessments or Adult Autism assessments. This service is provided by Sussex Partnership NHS Foundation Trust. (Please see the response to Q1a for their contact details.)

**2) Responsible Team.**

**For each service that is provided or commissioned, please confirm:**

- **The team name responsible for delivering or overseeing the service.**

Children's Autism assessments are carried out by Community Paediatrics.

- **The directorate, care group, or division under which the service sits.**

Community Paediatrics sits within the Women & Children's Division.

**3) Waiting List Ownership.**

**For each service, please provide:**

- **The job title (and name, if permissible) of the individual responsible for managing or overseeing the waiting list.**

Jo Goldfinch  
Service Manager

Dr John Somarib  
Clinical Lead

- **Whether the waiting list is managed internally by the Trust or by an external commissioned provider.**

The waiting list is managed internally by the Trust.

**4) Additional Context (If Available).**

**Where possible, please also share:**

- **Whether the service is delivered in-house, through an external partner, or via a mixed model.**

The Trust provides a mixed model, where it insources from an external provider for additional capacity for low-risk, school-aged children only.

- **Any published pathway documents, service specifications, or summaries relating to ADHD, Autism, or CAMHS therapies.**

The Trust does not have a current service specification signed off for Community Paediatrics, and so it is not currently possible to provide the information that has been requested.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at [esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net) quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team  
East Sussex Healthcare NHS Trust  
0300 131 4716  
Core Hours of Business: Monday to Friday 9.00am to 4.00pm