

FOI Ref: 26/163

2nd March 2026

Eastbourne District General Hospital
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Eastbourne
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BN21 2UD

Tel: 0300 131 4500
Website: www.esht.nhs.uk

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

For each of the calendar years 2022, 2023, 2024 and 2025 (to date, if full-year data is not yet available), please provide:

- 1. The total number of admissions to Specialist Eating Disorder Inpatient Services.**
- 2. The total number of admissions to Intensive Day-Patient Eating Disorder Services.**

Where possible, please:

- Provide the data broken down by year.**
- Provide a separate figure for patients admitted with a primary diagnosis of Anorexia Nervosa.**

If diagnostic breakdowns are recorded using ICD-10 or ICD-11 codes, please include the codes used to define Anorexia Nervosa.

If a breakdown by diagnosis is not readily available within the cost limit, please provide the aggregate totals only.

If the Trust does not hold some or all of this information, please confirm this and direct me to the appropriate body where possible.

Thank you for your request above however, we are an acute care provider (i.e. a general hospital) and do not provide Specialist or Intensive Eating Disorder Services. Please redirect your query to the FOI Team at Sussex Partnership NHS Foundation Trust at spft.foi@nhs.net or you can check out their FOI page at the following link:

<https://www.sussexpartnership.nhs.uk/about-us/contact-us/freedom-information>

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm