

KNOWLEDGE & LIBRARY SERVICES BULLETIN

Issue 21 // March-April 2026

Resource of the Month



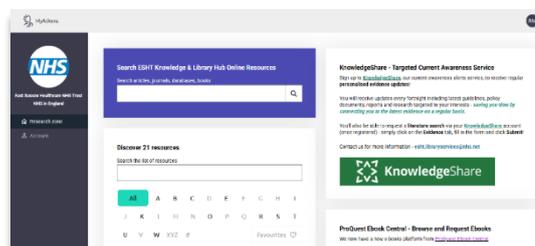
Sign up for your FREE OpenAthens account!

Unlock evidence-based information: register for an NHS OpenAthens account

OpenAthens is your key to accessing quality information. **All NHS staff** can [register](#) for an NHS OpenAthens account. Your OpenAthens username and password will give you access to an incredible range of high-quality digital resources - available anytime, anywhere.

Resources include online learning platforms, databases, clinical decision support tools, articles and e-books!

Visit [MyAthens](#) (sign in using your NHS OpenAthens username and password) and explore a world of trusted, subscription-only resources. Click on the tab, links or images to explore the resources available to you (there are useful resources available for many different staff roles).



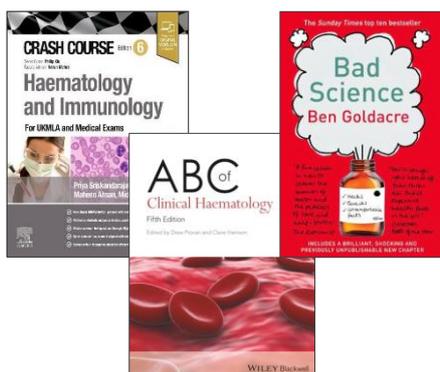
Register at openathens.nice.org.uk or contact the library team if you have forgotten your details.

Healthcare Science Week

9-15 March

To mark Healthcare Science Week, we're featuring some **useful resources for our Healthcare Scientists:**

Books and journals of interest



Keeping up-to-date

- Browse the medical science and biomedicine journals in [Browzine](#) - click on the PDF icon to read the full text article, or click on 'Request this item' if you can't get access
- [Join KnowledgeShare](#) - receive fortnightly email alerts, advising you of any high impact documents that have been published in clinical or medical science (alternatively utilise the [Table of Contents](#) alert feature)



Anatomy TV – a 3D look at human anatomy, this interactive resource includes 3D models that can be rotated and you can also strip away layers of anatomical detail, it includes a 'histology of bone' view

[NHS Knowledge and Library Hub](#) - Search for articles, books and clinical information - click on the grey 'Sign in' line at the top of the page and enter your OpenAthens username and password to access more subscribed content.

Access the resources with your NHS OpenAthens account (don't have an account? Register [here](#)).

Neurodiversity Celebration Week

16-22 March

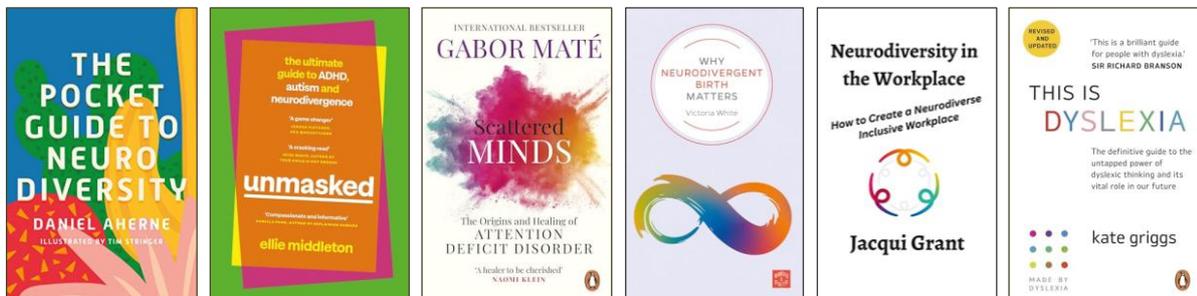


The Trust's **Neurodiversity Network** is celebrating its 1st Birthday, and is hosting a week of events to mark Neurodiversity Celebration Week, including:

- **Monday 16 March, 10.30am** Webinar from [ADHD Coach for Neurodivergent Entrepreneurs](#) Nic Gray, Empowering Neurodivergent Entrepreneurs & Wellness Professionals giving out hints and tips. [Register here!](#)
- **Thursday 19 March, 12.30-2.30pm** Birthday Party Drop-in Session, Bexhill Health Centre
- **Friday 20 March** A Neurodiversity themed support workforce development day at EDGH (book on via MyLearn under HCSW Development)

Visit the [Neurodiversity Week 2026](#) extranet page to find out more about the planned events.

We'll have special displays in both our libraries, so come along and explore the neurodiversity resources available. Check out our [Neurodiversity Reading List](#) or click on the images below to reserve via the [library catalogue \(OPAC\)](#).



If you're not a library member and would like to sign up, complete our [online registration form](#) to join!

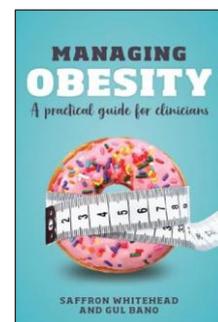
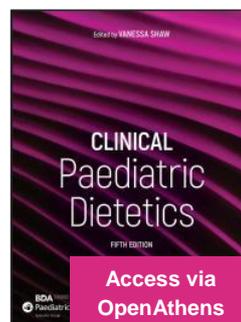
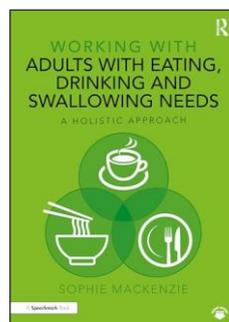
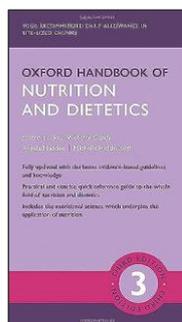
In recognition of Nutrition & Hydration Week, we're highlighting some **useful resources for dietitians**:



ClinicalSkills.Net – step-by-step guides to clinical procedures such as nutrition screening in adults

NHS Knowledge and Library Hub – search for articles, books and clinical information. Click on the grey 'Sign in' line at the top of the page and enter your OpenAthens username and password to access more subscribed content. Access the resources with your NHS OpenAthens account (don't have an account? Register [here](#))

Books and journals of interest



Keeping up-to-date

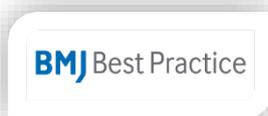
- Browse nutrition and dietetics journals in [Browzine](#) - click on the PDF icon to read the full text article, or click on 'Request this item' if you can't get access
- [Join](#) KnowledgeShare - receive fortnightly email alerts, advising you of any high impact documents that have been published in the nutrition and dietetics field (alternatively utilise the '[Table of Contents](#)' alert feature)
- Sign up to our electronic table of contents (etoc) service - ask to be added to our email alerts for titles such as **British Journal of Nutrition** or **Journal of the Academy of Nutrition and Dietetics**. Each time a new issue is published, we'll email you to let you know what articles are available. Email us at esht.libraryservices@nhs.net to be added to the mailing list.

Clinical decision support tools

These resources provide healthcare professionals with fast and easy access to the latest evidence-based information when making diagnosis and treatment decisions:



UpToDate – access current information on 1,000s of clinical topics – includes diagnosis, treatment options, differential diagnosis and a [Drugs Interaction Tool](#)



BMJ Best Practice – access guidance on diagnosis, prognosis, treatment and prevention, alongside a [Comorbidities Manager](#)

Feedback

We encourage our library users to provide feedback so that we can measure the impact of our service. Here's a selection of recent responses we've received, to demonstrate how the Knowledge & Library Service can support you:

“The meeting I had with Steven signposted me very effectively to multiple different useful sites and resources which will assist me in completing a systematic review. It was incredibly useful, I wouldn't have known where to start without this meeting. The library has been incredibly useful over my foundation programme and I cannot overstate how valuable a service this is.”

From a session for guidance for conducting a systematic review

“I cannot put into words just how much stress [Lynne] prevented in my prep and research for this [presentation]!”

From an evidence search completed for SPFT

“I have a good basic knowledge on critical appraisal and feel more confident looking at and appraising papers, something I was very reluctant to do before.”

From a critical appraisal training session

“It is an invaluable resource to busy clinicians like myself who want to stay informed about current research but have so little time to dedicate to it.”

From an evidence search completed for SPFT

Join the Library



Library membership is open to all Trust staff, including students on placement.

By joining the library you can get access to a wide range of physical and online resources, as well as training or assistance with literature searches, and 24/7 access to a comfortable and quiet place to study and relax.

To become a member, come see us in the libraries or complete our [online registration form](#).

Contact us

Email the Library Team: esht.libraryservices@nhs.net

Education Centre, Conquest Hospital // Tel: 0300 131 5221 Ext: 770493

Education Centre, Eastbourne DGH // Tel: 0300 131 4500 Ext: 770593

w: <https://www.esht.nhs.uk/service/library-services/library-resources/>

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