

FOI REF: 26/232

23<sup>rd</sup> April 2026

Eastbourne District General Hospital

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Eastbourne  
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BN21 2UD

Tel: 0300 131 4500  
Website: [www.esht.nhs.uk](http://www.esht.nhs.uk)

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

**1) Does your NHS trust provide any mental health services for under 18 year olds (e.g. CAMHS)?**

No, East Sussex Healthcare NHS Trust does not provide a Mental Health Service. This service is provided by Sussex Partnership NHS Foundation Trust who are the Mental Health Trust for this area, their Freedom of Information email address is:-

[spft.foi@nhs.net](mailto:spft.foi@nhs.net)

**2) If you do provide mental health services for under 18 year olds:**

- a) **What is the age brackets for the mental health services for young people before they move to adult services (for example 0-18 year olds or 0-25 years old)?**
- b) **What do you call this service (for example Child and Adolescent Mental Health Services (CAMHS) or if there is a specific name you use)?**
- c) **What methods of referral do you accept (for example- referrals from GPs/schools)?**
- d) **Are self referrals an option? If so what are the requirements (e.g. minimum age)?**
- e) **What is your method of advising patients of appointments (e.g. text/post)?**

Not applicable.

- 3) I would also like to request a blank document of the following forms:
- a) The form used by GPs/schools to refer a young person.
  - b) The form used if a young person is referring themselves.
  - c) Any forms that are provided at the first appointment for the young person/parent to fill out in regards to contact information, preferences of methods of contact, who is attending the appointments etc.
  - d) Any relevant forms to indicate who is attending the appointment/aware of the referral (young person/their guardian/both) and which of the two should be contacted and if there is a preference of contact method.

Not applicable.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at [esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net) quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team  
East Sussex Healthcare NHS Trust  
0300 131 4716  
Core Hours of Business: Monday to Friday 9.00am to 4.00pm