

Multidisciplinary Meeting (MDM) A patient guide

Over 4.9 million people in the UK have a diagnosis of diabetes, around 10% of these will at some point develop a foot ulcer. Diabetes is the highest cause of non-trauma related amputations, almost all resulting from foot ulcers. Therefore early intervention, management, treatment and ultimately prevention is important in preserving both limb and life.

What is the Multidisciplinary Meeting?

The multi-disciplinary meeting or MDM, is a weekly virtual meeting that allows various health professionals to discuss more complex patient cases.

The meeting allows patients to be reviewed in a timely manner by multiple professionals, without the patient having to attend lots of different appointments.

Who may be involved in the meeting?



Diabetes
Consultant



Microbiology
Consultant



Vascular
Consultant



Vascular
Nurses



Clinical
Pharmacist



Orthopaedic
Consultant



Specialist
Podiatrist

Why am I being referred?

The Podiatrist may refer you into this meeting if they are concerned about the progress of your foot condition.

Prior to the meeting, the Podiatrist may take a tissue or bone sample and may photograph your wound as well as checking we have an up to date medical history, to give the team as much information as possible.

Do I need to attend this meeting?

Patients do not attend these meetings.

However, you will be informed of any outcomes either at your next podiatry appointment or by telephone.

What might be the outcome of the meeting?

This discussion will result in an ongoing management plan.

This may involve antibiotic therapy and further investigations (such as MRIs, Xrays, vascular scans) or onward referrals to other specialists.

Sources of information

For further information and guidance on your care:

[Diabetic foot problems: prevention and management | Guidance | NICE](#)

References: NICE guidelines 2019, National Diabetes Foot Audit 2021, Diabetes UK, ESHT NHS.

Important information

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team - Tel: 0300 131 5309 (Conquest) 0300 131 4784 (Eastbourne) or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of our leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department on **0300 131 4434** or esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:

Mika Dave

Sandra Regan

The Clinical Specialty/Unit that have agreed this patient information leaflet:

Enter name here, if appropriate

Next review date: (June 2028)

Responsible clinician/author: (Mika Dave At Risk Specialist Podiatrist)

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