

Ossur Formfit Walker Boot or Half Boot

Why have you been given this device?

You have a current foot problem. You have been given a device especially suited to your needs. All the evidence shows that keeping the pressure off your foot will increase your chances of healing quickly. This device will enable this. This leaflet will tell you how to put your device on and off and how to look after it. If you have any further questions, please speak to one of your podiatry team.

Whilst your device helps to offload the pressure, it is still important that you reduce your activity to ensure you are on your feet as little as possible. It is advisable to wear dressings or socks with the device. We recommend that you do not drive a vehicle while you are wearing this aid. Use extreme caution when walking up and down stairs, on and off curbs, on uneven ground and in slippery or wet conditions. Walk more slowly and cautiously than usual.

This aid is intended for single-patient use only.

Please keep hold of your device once your foot problem has resolved in case you need it for future treatment.

What is the device?

You have been given an Ossur Walker Boot or half boot to use on the injured foot to try and relieve pressure from your foot ulcer effectively. Low, wide rocker bottom promotes a stable, natural gait and it has a shock-absorbing sole for reduced impact at heel strike.



How to apply

1. The Ossur Walker Boot has 5 velcro straps which will need undoing before your heel is placed towards the back of the boot, inside the liner, which your podiatrist will have fitten to attach to the outer hard shell of the boot.
2. Secure the velcro soft lining around your foot using the long velcro for the leg and the shorter one for the foot.
3. Then start fastening the velcro straps on the outer hard shell boot starting at the foot end and working your way up to the top of the leg.

How to remove

Undo the velcro straps from the outer hard shell of the boot. Then unfasten the velcro of the inner soft liner adn remove as one unit.

When it should be worn

For use inside and outside. To be worn when walking/ standing/transfers. It can be taken off in bed. It is sometimes issued in conjunction with other devices, which your podiatrist will guide you about.

Sources of information

Podiatry ESHT Central Booking office - 0300 131 4536

The Health Care Professions Care Council (HCPC) - www.hcpc-uk.org

The Royal College of Podiatry - www.rcpod.org.uk

NHS Website - www.nhs.uk

Diabetes UK - www.diabetes.org.uk

NICE Guidelines - www.nice.org.uk

The International Working Group on the Diabetic Foot – <https://iwgdfguidelines.org>

<https://iwgdfguidelines.org/>

[Formfit® Walker | Immobilisation Boot | Ossur UK](#)

Important information

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4784 or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4434 Email: esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your clinician.

Reference

The following clinicians have been consulted and agreed this patient information:

Mika Dave Consultant Podiatrist, Sandra Regan Podiatry Development Lead, Charlotte Brown Specialist Podiatrist

The Clinical Specialty/Unit that have agreed this patient information leaflet:

East Sussex Healthcare NHS Trust, Podiatry

Next review date: (June 2028)

Responsible clinician/author: (Mika Dave Consultant Podiatrist)

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