

FOI REF: 26/297

7th August 2026

Eastbourne District General Hospital

Kings Drive
Eastbourne
East Sussex
BN21 2UD

Tel: 0300 131 4500
Website: www.esht.nhs.uk

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

I would like to request the following information relating to patients requiring complex home care packages on discharge from hospital.

Please note that the data captured will only capture those patients from Acute Hospitals and Intermediate Care areas who were inpatients awaiting Continuing Healthcare (CHC) fast track home with a package of care. To have more accurate data on complex package of care provided by CHC in the community for children and adults please contact the local ICB, contact details as follows:

Surrey and Sussex Integrated Care Board
Email: sxicb.surreyandsussex.foi@nhs.net

- 1) Please provide the name, telephone number and email address of the person responsible for coordinating / liaising discharge from hospital to community health and social care providers.**

Nicky Anslow
East Sussex System - Transfer of Care Lead.

We are unable to provide the contact details of staff as we consider this information to be exempt from release in accordance with section 44 of the Freedom of Information Act (Prohibition on disclosure) and would refer to the Privacy and Electronic Communications EC Directive Regulations 2003 which provide specific rules on electronic communication services, including marketing (by phone, fax, email or text) and keeping communications services secure. We will not provide any information that could result in the transmission of unsolicited communications which may place an unacceptable risk to our email network and could also have a detrimental impact on patient care and treatment.

The contact number for the Trust is accessible on the Trust website <http://www.esht.nhs.uk>.

This is an absolute exemption and there is, therefore, no requirement to consider the public interest.

- 2) For each of the following years (2022/23, 2023/24, 2024/25, and latest 2025/26 data), please provide the total number of bed days lost due to delays in arranging CHC-funded complex home care packages across:
- a) All age patients.
 - b) Adult patients aged 18-64 years.
 - c) Child patients aged 0-17 years.

[Please see the attached document - 'FOI 26-297 Complex Home Care Packages'.](#)

- 3) Please provide the most recent available snapshot (e.g. March 2026) of the total number of patients currently in hospital who are medically fit for discharge but are awaiting a CHC-funded complex home care package across:
- a) All age patients.
 - b) Adult patients aged 18-64 years.
 - c) Child patients aged 0-17 years.

[Please see the attached document - 'FOI 26-297 Complex Home Care Packages'.](#)

- 4) If available, please also provide latest equivalent snapshots for prior years (e.g. March 2025, March 2024, March 2023) of the total number of patients currently in hospital who are medically fit for discharge but are awaiting a CHC-funded complex home care package across:
- a) All age patients.
 - b) Adult patients aged 18-64 years.
 - c) Child patients aged 0-17 years.

[Please see the attached document - 'FOI 26-297 Complex Home Care Packages'.](#)

- 5) For each of the following years (2022/23, 2023/24, 2024/25, and latest 2025/26 data), please provide the average time (in days) from being medically fit for discharge to discharge where a CHC-funded complex home care package is required across:
- a) All age patients.
 - b) Adult patients aged 18-64 years.
 - c) Child patients aged 0-17 years.

[Please see the attached document - 'FOI 26-297 Complex Home Care Packages'.](#)

- 6) For each of the following years (2022/23, 2023/24, 2024/25, and latest 2025/26 data), please provide the number of patients who were assessed as requiring complex home care but were discharged to an alternative setting (e.g. residential or nursing care) due to a lack of CHC-funded complex home care packages across:
- a) All age patients.
 - b) Adult patients aged 18-64 years.
 - c) Child patients aged 0-17 years.

East Sussex Healthcare NHS Trust would not put a patient in a placement if they required a package of care. Please contact Surrey and Sussex Integrated Care Board for a response to this part of your request, contact details as per page 1.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm

East Sussex Healthcare NHS Trust: FOI 26/297 Complex Home Care Packages

Under the Freedom of Information Act, I would like to request the following information relating to patients requiring complex home care packages on discharge from hospital.

For clarity, “complex home care” refers to high-acuity packages requiring significant care input (e.g. ventilation, tracheostomy care, enteral feeding, or complex neurological support) that goes beyond basic domiciliary home care assistance.

Failing that definition, please define “complex home care” as any home care package eligible for funding under the NHS Continuing Healthcare (CHC) funding pathway.

Please note I have requested a breakdown of the data by age group. If data cannot be broken down by requested age bands, then please provide total figures across all age groups, adults aged 18+ and children aged 0-17.

If data for the full year 2025/26 is not yet available, then please provide the latest yearly snapshot data for 2025/26.

Question 1 Please provide the name, telephone number and email address of the person responsible for coordinating / liaising discharge from hospital to community health and social care providers

Name [Nicky Anslow - Esat Sussex System - Transfer of Care Lead.](#)
Telephor [Section 44 applied, please refer to letter](#)
Email [Section 44 applied, please refer to letter](#)

Question 2 For each of the following years, please provide the total number of bed days lost due to delays in arranging complex home care packages by age group

		a. All ages	b. Adults 18-64	c. Children 0-17
Acute	2022/23	4548		4548 x
Acute	2023/24	7263		7263 x
Acute	2024/25	6111		6111 x
Acute	2025/26	2805		2805 x

		a. All ages	b. Adults 18-64	c. Children 0-17
Intermediate Care	2022/23	x	x	x
Intermediate Care	2023/24	x	x	x
Intermediate Care	2024/25		757	757 x
Intermediate Care	2025/26		2390	2390 x

Digitalisation of community delayed discharges did not occur until July 2024, following introduction of the Intermediate Care SitRep. Data provided above for Intermediate Care covers from July 2024 onwards.

Question 3 Please provide the most recent available snapshot (e.g. March 2026) of the total number of patients currently in hospital who are medically fit for discharge but are awaiting a complex home care package by age group

		a. All ages	b. Adults 18-64	c. Children 0-17
31/03/2026 Acute	Mar-26		3	3 x

		a. All ages	b. Adults 18-64	c. Children 0-17
31/03/2026 Intermediate Care	Mar-26	6		6 x

Question 4 If available, please also provide latest equivalent snapshots for prior years (e.g. March 2025, March 2024, March 2023) of the total number of patients currently in hospital who are medically fit for discharge but are awaiting a complex home care package by age group

		a. All ages	b. Adults 18-64	c. Children 0-17
Acute 31/03/2025	Mar-25	2		2 x
Acute 31/03/2024	Mar-24	0		0 x
Acute 31/03/2023	Mar-23	0		0 x

No patients in an Intermediate Care setting were recorded as medically fit for discharge awaiting CHC fast track home with a package of care on the 31st March 2025. As above, digitalisation of community delayed discharges did not occur until July 2024.

Question 5 For each of the following years, please provide the average time (in days) from being medically fit for discharge to discharge where a complex home care package is required by age group

		a. All ages	b. Adults 18-64	c. Children 0-17
Acute	2022/23	14		14 x
Acute	2023/24	16		16 x
Acute	2024/25	12		12 x
Acute	2025/26	8		8 x

		a. All ages	b. Adults 18-64	c. Children 0-17
Intermediate Care	2022/23	x	x	x
Intermediate Care	2023/24	x	x	x
Intermediate Care	2024/25	9		9 x
Intermediate Care	2025/26	10		10 x

As above, digitalisation of community delayed discharges did not occur until July 2024, following introduction of the Intermediate Care SitRep. Data provided above for Intermediate Care covers from July 2024 onwards.

Question 6 For each of the following years, please provide the number of patients who were assessed as requiring complex home care but were discharged to an alternative setting (e.g. residential or nursing care) due to a lack of complex home care packages by age group

		a. All ages	b. Adults 18-64	c. Children 0-17
2022/23				
2023/24				
2024/25			Please refer to letter	
2025/26				