

11th August 2026

Eastbourne District General Hospital

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Eastbourne
East Sussex
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Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

Between 1 January 2024 and the date this request is processed, please provide:

1) The number of patients presenting to emergency departments or admitted to hospital with a diagnosis of a heat-related illness, such as:

- a) Heat exhaustion;
- b) Heat stroke;
- c) Dehydration caused by excessive heat; or
- d) Other heat-related illnesses,

[Please see the attached document - 'FOI 26-505 Heat Related Illness'.](#)

[Please note that dehydration caused by excessive heat cannot be specifically identified, as there is no dedicated diagnosis code for this condition.](#)

2) Where the patient's occupation/profession was recorded as:

- a) Bus driver;
- b) Train driver
- c) Postal worker/ postman;
- d) Parcel delivery worker; or
- e) Courier.
- f) Food courier

[We do not record a patient's occupation/profession; therefore, we do not hold this information.](#)

Please include:

- **A yearly and monthly breakdown of such admissions where available.**

[Please see the attached document - 'FOI 26-505 Heat Related Illness'.](#)

- **The aggregated total number of admissions above by profession - eg "5 postal workers, 2 bus drivers" etc. I am happy for the profession categories used here are whichever are used internally by the NHS trust, not necessarily the verbatim list above.**

[We do not record a patient's occupation/profession; therefore, we do not hold this information.](#)

If available, whether the patient:

- **Was discharged from the emergency department;**

[Please see the attached document - 'FOI 26-505 Heat Related Illness'.](#)

- **Admitted to hospital;**

[Please see the attached document - 'FOI 26-505 Heat Related Illness'.](#)

- **Admitted to intensive care; or**

[0.](#)

- **Died during admission.**

[0.](#)

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm

FOI 26/505 - East Sussex Healthcare NHS Trust

Please note that the 2026 data includes activity up to and including 15/07/2026. Some hospital admission episodes for July 26 may not yet have been assigned a diagnosis code by the Clinical Coding team, and therefore the final figures may increase.

Please also note that patients who attend the Emergency Department (ED) and are subsequently admitted to hospital are counted only once.

Please be aware that dehydration caused by excessive heat cannot be specifically identified, as there is no dedicated diagnosis code for this condition on the clinical system

No ED attendances or hospital admissions for Jan 24 and Feb 24

Month	Heat exhaustion		Heat Stroke		Other_heat_related_illness	
	Disch from ED	Admitted to hosp	Disch from ED	Admitted to hosp	Disch from ED	Admitted to hosp
Mar-24					1	
May-24					7	
Jun-24		1			11	
Jul-24			1		8	
Aug-24		1	1		15	1
Sep-24					5	2
Oct-24					9	
Nov-24					1	2
Dec-24					6	
Jan-25					3	
Feb-25				1	5	
Mar-25					2	
Apr-25					9	
May-25			1		4	1
Jun-25	2		1		14	2
Jul-25	2			2	14	2
Aug-25	2				11	2
Sep-25					10	
Oct-25					1	
Nov-25					3	
Dec-25					1	1
Jan-26					1	
Feb-26					4	
Mar-26					1	
Apr-26		1	2		2	
May-26		1	1		20	2
Jun-26	5		3		34	
Jul-26	2		1		12	

Year	Heat exhaustion		Heat Stroke		Other_heat_related_illness	
	Disch from ED	Admitted to hosp	Disch from ED	Admitted to hosp	Disch from ED	Admitted to hosp
2024		2	2		63	5
2025	6		2	3	77	8
2026	7	2	7		74	2