

FOI REF: 26/594

21st August 2026

Eastbourne District General Hospital

Kings Drive
Eastbourne
East Sussex
BN21 2UD

Tel: 0300 131 4500
Website: www.esht.nhs.uk

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

I am writing to request under the FOI Act for children and young people's mental health services at your Trust:

- a. Number of patients i) under 18 years old and ii) under 25 years old waiting over 52 weeks between referral to mental health services and beginning of treatment over the last 5 years**
- b. The maximum wait in weeks between referral to mental health services and beginning of treatment over the last 5 years for patients under 25 years old.**

Please note that East Sussex Healthcare NHS Trust does not provide a Mental Health Service. This service is provided by Sussex Partnership NHS Foundation Trust who are the Mental Health Trust for this area, their Freedom of Information email address is:-

spft.foi@nhs.net

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm