

30th September 2026

Eastbourne District General Hospital

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Eastbourne
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Tel: 0300 131 4500
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Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

I am writing under the Freedom of Information Act 2000 to request information held by your organisation regarding Type 1 diabetes testing.

1. Do you provide autoantibody testing for diagnosis of Type 1 diabetes?

Yes.

1a. If yes, please indicate which assays are available either onsite or via referral to another laboratory:

- GAD
- IA-2
- ZnT8
- IAA

The above assays are all available via referral.

1b. Does your organisation receive requests for Type 1 diabetes autoantibody testing in individuals without clinically diagnosed diabetes (e.g. screening of at-risk relatives or other asymptomatic individuals)?

As an organisation 'yes' we do provide auto-antibody testing in people diagnosed with Type 1 diabetes, in the right clinical context.

1c Please provide the number of unique patients tested clinically for the following autoantibodies during:

- Calendar year 2025

430.

- January–March 2026

113.

These are the total numbers of unique patients tested for the specified antibodies; all of the testing was outsourced/ referred testing.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm