

9th September 2026

Eastbourne District General Hospital

Kings Drive
Eastbourne
East Sussex
BN21 2UD

Tel: 0300 131 4500
Website: www.esht.nhs.uk

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

I would like to request information relating to the Multidisciplinary Diabetic Footcare Clinic(s) in the trust.

1. How many Multidisciplinary Diabetic Footcare clinics operate within the trust?

East Sussex Healthcare NHS Trust (ESHT) operates four Multidisciplinary Diabetic Footcare clinic sessions and one virtual clinic session per week.

2. Confirm which hospital(s) the teams/clinics operate out of.

Conquest Hospital and Eastbourne District General Hospital (EDGH).

3. What days do the clinics operate and what are the opening hours?

Monday	1.30pm to 5.00pm
Tuesday	1.30pm to 5.00pm
Wednesday	1.30pm to 5.00pm
Thursday	9.00am to 12.30pm

4. Do the clinics provide;

a. Direct Specialist Access - yes/no

Yes.

b. Next Day Appointments - yes/no

Yes, subject to urgency and availability of appointments.

c. Patient self-referral - yes/no

No.

5. How frequently do the following specialists attend diabetic foot clinics;

a. Outpatient Podiatrist

ESHT does not have an Outpatient Podiatrist. However, the Community Podiatry Team provides an in-reach service to the Outpatient Departments.

b. Inpatient Podiatrist

Weekly to the Virtual Clinic.

c. Diabetologist

To all the clinical sessions and weekly Virtual Clinic.

d. Vascular Surgeon

One clinic at each site weekly

e. Microbiologist

Weekly to the Virtual Clinic.

f. Podiatric Surgeon

ESHT does not have a Podiatric Surgeon

g. Orthopaedic Surgeon (please specify if surgeon is foot and ankle specialist)

Yes, ESHT has a Foot and Ankle Specialist who attends the Virtual Clinic monthly.

h. Orthotist

Never

i. Plaster technicians

As needed.

6. What is the current wait time for an appointment at the Multidisciplinary Diabetic Footcare Clinic(s) in the Trust?

All referrals are triaged within one working day, and then the patient is booked to be seen between one day and one week dependent on when referred and urgency/demand.

7. Please provide details of any other dedicated diabetic footcare services in the trust that is not covered by the above.

We provide a Foot Protection Service linked with all patients at risk of a foot wound, which includes a dedicated inpatient service, a weekly multidisciplinary meeting and a "Hot Foot" Clinic Line.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm