

FOI REF: 26/483

26th August 2026

Eastbourne District General Hospital

Kings Drive
Eastbourne
East Sussex
BN21 2UD

Tel: 0300 131 4500
Website: www.esht.nhs.uk

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

Please note If your Trust uses different terminology for any of the services or procedures referenced below, please respond using your local definitions and indicate this where relevant. If any information is held in recorded form but cannot be disclosed in full, please provide it in anonymised or aggregated format where possible.

1. **For 2025 and 2026 year to date, how many patients were recorded by your Trust as having a diagnosis of Essential Tremor? If diagnoses for Essential Tremor are not routinely recorded, please confirm how many patients were coded with Essential Tremor upon admission during 2025 and 2026 year to date.**

Please see the table below for the number of patients with a diagnosis of Essential Tremor:

2025	Total Spells	308
	Total Patients	212
2026 YTD	Total Spells	126
	Total Patients	107

2. **For 2025 and 2026 year-to-date, please provide: a) the total number of patients with Essential Tremor referred externally for Deep Brain Stimulation (DBS) treatment, b) the Trust or treatment centre to which each referral was made, and c) the number of patients referred to each Trust or treatment centre.**

We do not hold this information. Referrals for DBS assessment would be referred to University Hospitals Sussex NHS Foundation Trust (UHSx), although some patients may subsequently be referred on to regional DBS centres depending on clinical pathways.

Please refer this part of your request direct to UHSx via the following link:

<https://www.uhsussex.nhs.uk/freedom-of-information/request/>

3. For 2025 and 2026 year-to-date, please provide: a) the total number of patients with Essential Tremor referred externally for Magnetic Resonance-guided Focused Ultrasound (MRgFUS) treatment, b) the Trust or treatment centre to which each referral was made, and c) the number of patients referred to each Trust or treatment centre.

We do not hold this information. Patients are referred to UHSx for this service, unless our Trust made direct referrals to a national MRgFUS centre. UHSx is the established tertiary neuroscience centre for patients in East Sussex.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm