

9th September 2026

Eastbourne District General Hospital

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Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

Please provide the following for services delivered by your organisation:

- 1. For each financial year from 2021/22 to 2025/26, the number of patients recorded by your organisation with a diagnosis of endometriosis. If exact figures are not held, please provide any available estimates.**

Please see the table below for the number of patients recorded within East Sussex Healthcare NHS Trust (ESHT) with a diagnosis of endometriosis or adenomyosis:

Financial Year	Numbers of Patients
2021-22	269
2022-23	262
2023-24	317
2024-25	368
2025-26	411
Total	1627

Please note that endometriosis and adenomyosis are both coded under Block N80, therefore we are unable to break this information down as requested.

- 2. For each financial year from 2021/22 to 2025/26, the number of patients recorded by your organisation with a diagnosis of adenomyosis. If exact figures are not held, please provide any available estimates.**

Please refer to question 1.

- 3. For each financial year from 2021/22 to 2025/26, the number of referrals received for suspected endometriosis.**

We do not record this information.

4. **The average waiting time from referral to the first specialist gynaecology appointment for patients with suspected endometriosis, for 2025/26 and the preceding four financial years where available.**

We do not record this information.

5. **The average waiting time from referral to diagnostic laparoscopy for suspected endometriosis, where recorded. If this is not held, please provide any available waiting-time data for diagnostic investigations used for suspected endometriosis.**

We do not record this information.

6. **The names of specialist endometriosis centres and other providers to which patients are routinely referred.**

We refer in house for potential mild to moderate endometriosis to Mr Waleed Yousef, Consultant Obstetrician and Gynaecologist, who has an interest in endometriosis. For tertiary referrals it is normally to University Hospitals Sussex NHS Foundation Trust but occasionally also to Maidstone and Tunbridge Wells NHS Trust.

7. **Copies or links to current provider-level care pathways, service specifications, clinical policies or guidance relating to endometriosis and/or adenomyosis.**

ESHT use national guidance and national patient information leaflets.

8. **Details of digital tools, apps, websites or self-management resources routinely recommended or signposted to patients with endometriosis or adenomyosis.**

ESHT use national guidance and national patient information leaflets.

10. **Details of funding, investment programmes or service-development initiatives specifically intended to improve adenomyosis services during 2023/24, 2024/25 and 2025/26, including amounts where recorded.**

There has been no funding, investment programmes or service-development initiatives specifically intended to improve adenomyosis services during the period requested.

11. **Copies of service reviews, audits, needs assessments, gap analyses or evaluation reports relating to endometriosis or adenomyosis completed or commissioned during the last five years.**

ESHT does not hold any service reviews, audits, needs assessments, gap analyses, or evaluation reports relating to endometriosis or adenomyosis that have been completed or commissioned during the last five years.

12. **Copies of documents, reports, minutes, audits or analyses that identify factors contributing to delays in diagnosing endometriosis.**

ESHT does not hold any documents, reports, minutes, audits, or analyses that identify factors contributing to delays in the diagnosis of endometriosis.

- 13. Copies of documents, reports, minutes, audits or analyses relating to barriers to the timely diagnosis of endometriosis or adenomyosis.**

ESHT does not hold any documents, reports, minutes, audits, or analyses relating to barriers to the timely diagnosis of endometriosis or adenomyosis.

- 14. Copies of current referral templates, referral guidance, triage criteria or referral audits used for suspected endometriosis.**

Not applicable, ESHT does not use standard templates for referral, etc.

- 15. Copies or names of standardised symptom-assessment tools, questionnaires or patient-reported outcome measures used for patients with suspected or diagnosed endometriosis or adenomyosis.**

Not applicable, ESHT does not use any of the above.

- 16. Copies of patient information forms, questionnaires, checklists or guidance setting out information routinely requested from patients before their first specialist appointment for suspected endometriosis.**

Not applicable, ESHT does not use any of the above.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm