

FOI REF: 26/638

30th September 2026

Eastbourne District General Hospital

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Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

Please provide a copy of East Sussex Healthcare NHS Trust's guidelines and/or policies concerning the use of the PICO system following caesarean section.

East Sussex Healthcare NHS Trust (ESHT) does not currently have a formal guideline or Standard Operating Procedure (SOP) in place for the use of the PICO system following caesarean section. Therefore, there is currently no relevant guideline or SOP available to provide.

ESHT's Specialist Midwives are in the process of developing an SOP for the use of the PICO system in relation to caesarean births. This is being developed in collaboration with an ESHT Gynaecology Consultant so that the SOP can also encompass its use within Gynaecology.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm