

30th September 2026

Eastbourne District General Hospital

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Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

- 1) **How many people were prescribed weight loss medications in 2023/24, 2024/25 and 2025/26? Please break the results down by year and broad location (e.g. town).**

Nil.

- 2) **The age, gender and occupation of those prescribed weight loss medication in this period.**

Not applicable.

- 3) **Of those prescribed the medication during this time, how many reported side effects? Please provide symptoms they experienced.**

Not applicable.

- 4) **In each year, how many of those prescribed resulted in the following:**

- a) **Adverse side effects.**
- b) **Admissions to A&E.**
- c) **Long-term medical conditions connected to the medication.**

Not applicable.

Please note that East Sussex Healthcare NHS Trust does not provide a weight loss management service. Please contact NHS Surrey and Sussex Integrated Care Board (ICB), the statutory organisation responsible for commissioning health and care services across Surrey and Sussex, as they may be able to assist you with your request. You can reach their FOI Team via the email below:

sxicb.surreyandsussex.foi@nhs.net

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm