

FOI REF: 26/423

1st October 2026

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Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

I'm carrying out some research into how foetal growth restriction is monitored at NHS trusts. I wondered if you could please answer the following:

- 1) What system does your NHS trust use (i.e. GAP/GROW) to monitor foetal growth restriction in pregnancy?**

East Sussex Healthcare NHS Trust (ESHT) does not use GAP/GROW charts. ESHT uses WHO EFW centiles for foetal growth assessment and the management of foetal growth restriction.

- 2) Is your trust using Intergrowth charts?**

ESHT uses WHO charts for plotting ultrasound foetal growth measurements.

For antenatal fundal height measurements, ESHT currently uses the INTERGROWTH-21st SFH chart available within BadgerNet. Assessment and management of suspected foetal growth restriction are based on ultrasound findings, plotted on WHO charts.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm