

REF: 26/661

16th October 2026

Tel: 0300 131 4500
Website: www.esht.nhs.uk

Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our answers to your specific questions, and any clarifications sought and provided, as follows:

My questions concern the diagnosis and treatment of obstructive sleep apnoea.

For each financial year from 2019/20 to 2025/26 inclusive please state:

- 1) The number of patients newly started on CPAP or other positive airway pressure therapy for sleep apnoea.**

2019/20	709
2020/21	497
2021/22	482
2022/23	499
2023/24	655
2024/25	1257
2025/26	1436

- 2) The number of patients on the trust's CPAP caseload at the end of the year.**

2019/20	5401
2020/21	5883
2021/22	6374
2022/23	6888
2023/24	7564
2024/25	8824
2025/26	10243

- 3) The number of those patients aged under 18.**

The data provided above relates to the activity of East Sussex Healthcare NHS Trust's Adult Sleep Disorder Service and therefore relates to patients aged 18 years and over.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm