FOI REF: 26/711

East Sussex Healthcare NHS Trust

5th November 2026

Eastbourne District General Hospital
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Tel: 0300 131 4500
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Further to your recent request for information made under the Freedom of Information Act (FOIA) 2000, I now set out our response to your specific questions, shown in the attached document - '26-711 - FOI diagnosis of Alzheimer's Disease', as follows:

The Trust considers the requested information exempt under Section 21 of the Freedom of Information Act 2000 as it is reasonably accessible to you.

In response to your previous request (FOI 26/425) dated (7th August 2026), the Trust provided details of its pathway and explained the onward referral arrangements for patients requiring services outside the scope of East Sussex Healthcare NHS Trust. A copy of our response can be found on the Trust's website via the following link:

Freedom of Information (FOI) Disclosure Log – East Sussex Healthcare NHS Trust

That response also advised which organisations may hold information relating to the subsequent stages of the patient's care and directed you to those public authorities accordingly.

As this information has already been provided directly to you, it is reasonably accessible and is therefore exempt from disclosure under Section 21 of the Freedom of Information Act 2000.

This is an absolute exemption and therefore carries no requirement to consider the public interest.

I trust this information is helpful in its detail or explanation however, if you are dissatisfied with the response, then you have the right to request an internal review. If you wish to seek an internal review, please write to the Freedom of Information Team at esh-tr.foi@nhs.net quoting the above FOI reference number, within 40 working days. Please note the Trust is not obliged to accept a request for an internal review after this time period.

Yours faithfully

Freedom of Information (FOI) Team
East Sussex Healthcare NHS Trust
0300 131 4716
Core Hours of Business: Monday to Friday 9.00am to 4.00pm

Section 21 applied; the information requested is being withheld in its entirety, please refer to letter.

1. I would be grateful if you could send the most recent planning document(s) for the diagnosis and treatment of **Alzheimer's Disease,** whether these are from the Trust, Integrated Care Board (ICB), or the region. I am particularly interested in planning documents that cover lumbar punctures (CSF) and Blood Biomarker testing.

2. To what extent are there plans for service improvement of diagnosing **Alzheimer's Disease**?

	Yes / No
Implementation of plans has started	
A plan exists and implementation has not started	
A plan is being developed	
There is no plan	
Other – please state	

3. Are the plans for service improvement of diagnosing **Alzheimer's Disease** related to:

	Yes / No
Cognitive assessment services	
Biomarker services	
None / neither	

4. Which of the following services does the Trust have in place in preparation for increased service delivery for **Alzheimer's Disease**?

	Related to administration of **lumbar punctures** Yes / No	Related to **Blood Biomarker testing** Yes / No
Budget		
People		
Training		
Clinic space / capacity		
Governance arrangements		

5. How many lumbar puncture procedures to test for **Alzheimer's Disease** were performed in the last three-month period for which data are available?

	Number of procedures
Number of lumbar punctures	

6. Please provide the number of BBM tests for **Alzheimer's Disease** conducted over the last three-months, regardless of whether they were carried out within your organisation or sent to an external pathology laboratory.

	Number of tests TOTAL	Number of tests NHS patients	Number of tests Private Sector
Number of Blood Biomarker tests			

7. Which of the following biomarker tests were used to detect **Alzheimer's Disease**?

	Yes / No
pTau181 immunoassay tests	
pTau217 immunoassay tests	

8. Please provide a list of the full names of other Trusts or other organisations, to which the Trust refers samples for **pTau181** and **pTau217** immunoassay testing for **Alzheimer's Disease**?

Full name of Trust or organisation(s)

9. How many **pTau181** immunoassay tests were conducted to test for **Alzheimer's Disease** in the last three-months?

	Number of tests TOTAL	Number of tests NHS patients	Number of tests Private Sector
Number of pTau181 tests			

10. Is **pTau181** testing for Alzheimer's Disease linked to, or conducted in conjunction with, clinical trials?

	Yes / No
pTau181 Testing associated with clinical trial activity	

11. How many **pTau181** immunoassay tests were conducted for **Alzheimer's Disease** as part of a clinical trial?

Number of pTau181 tests	

12. How many **pTau217** immunoassay tests were conducted to test for **Alzheimer's Disease** in the last three-months?

	Number of tests TOTAL	Number of tests NHS patients	Number of tests Private Sector
Number of pTau217 tests			

13. Is **pTau217** testing for **Alzheimer's Disease** linked to, or conducted in conjunction with, clinical trials?

	Yes / No
pTau217 Testing associated with clinical trial activity	

14. How many **pTau217** immunoassay tests were conducted for **Alzheimer's Disease** as part of a clinical trial?

Number of pTau217 tests	